

Biking to School is not only good for you, it's good

for everyone! Biking can save time and money, reduces pollution, gets

you exercising, and teaches you how to be responsible for yourself!

But you MUST do it safely! Remember S-C-H-O-O-L:

Sidewalks: If you are under 16 years old, you can ride your bike on the sidewalk.

Communication: Communication means letting an adult know when and where you are going to ride your bike. Also, communicate while turning, point in the direction of where you are going.

elmets: Always, always, ALWAYS wear your helmet when you ride a bike. Your brain will thank you for it.

Obey Traffic Laws: a bike is a vehicle and you are the driver. Stop at stop signs!

One: One person per bike. Riding with passengers puts both of you at risk.

Look: Be careful when you come to an intersection. Stop. Look. Make sure no one is driving toward you, or where you are going. Then proceed.

What are some other ways to stay safe while biking? Talk to an adult about going for a ride and how to do it safely!



